

# Application for 2023 Harvard Psychiatry Research Day Poster Session

---

## Start of Block: Default Question Block

The 2023 Harvard Psychiatry Research Day will have a **hybrid format** with in person and virtual options available for both the poster session and the Mysell Lecture.

Specifically, there will be an in person poster session at the Martin Conference Center from 1:30-3:30pm on Wednesday, March 1st, 2023. There will also be a poster website and a virtual poster session during a selected 40 minute window from 9:30-11:30am that same day (and the poster website will also remain live for a month afterwards).

**Poster presenters are invited to participate in both the in-person and online formats, or to choose to participate in only one of the formats if that is preferable. A commitment must be made in this application form by the deadline to one's chosen presentation formats.**

The Mysell Lecture will take place in person at the Martin Conference Center, and it will be live-streamed to remote attendees from 3:45-5:15pm on March 1st.

The application deadline of February 6th at 5pm is the date when all materials (including the abstract, actual digital poster file, audio recording, Zoom link, etc.) are due for individuals participating in the virtual poster session format. However, individuals who plan to only participate in the in-person poster session format will only need to submit an abstract by this date. No changes can be made after the submission deadline.

## INSTRUCTIONS

Acceptance of submissions is determined by the Mysell Committee of the Department of Psychiatry.

**There is a limit of one-first authored presentation per person.**

**Abstracts are limited to 2,200 characters** (INCLUDING spaces, but EXCLUDING title and authors in the character count).

**The Abstract Body must include the following headings: Background, Methods, Results, Conclusions** (see below these instructions for the sample abstract format).

**If you need to modify your submission after submitting this form, AND it is still before the submission deadline, you may submit a revised application form with the modifications included. We will use only the latest submission that is received prior to the deadline. Once the deadline has passed, we will not accept any additional submissions/modifications.**

Please contact Heather Adams at [heather\\_adams@hms.harvard.edu](mailto:heather_adams@hms.harvard.edu) if you encounter any difficulties submitting this form.

Also, please note that **if you mistype your email address, you will not receive an email summary of your submission.**

## POSTER LAYOUT REQUIREMENTS

**Poster File Format:** PNG file

**Mandatory Dimensions:** 1920 pixels (width) x 1080 pixels (height)

**Warning:** Poster PNG files that are wider than 2500 pixels will not be uploaded to the site.

**File Size Limit:** 40 MB, BUT we strongly encourage you to make it smaller than 350 KB, since larger file sizes will be compressed.

**Tip:** You could first create your poster in PowerPoint, then save as a PNG file. Alternatively, there are possibly many superior methods.

## FEATURES OF YOUR PRESENTER PAGE ON THE POSTER WEBSITE

Each presenter will have their own page on the virtual poster session website. You can view the site from last year here: <https://postersmysell.psych.hms.harvard.edu>. The following information will appear on each presenter's site page (note: you will NOT have access to make direct modifications to the page at any point):

- your name
- your institutional affiliation
- title of your poster
- research categories associated with your poster
- PNG of your poster
- your scientific abstract in plain text, to appear in a screen reader friendly section
- a link to your Zoom meeting for one of the live poster sessions on March 1st (optional)
- an embedded SoundCloud link to your 2-5 minute audio presentation (optional)
- a link to view a transcription of your audio presentation (to conform to Harvard's Accessibility standards, optional)
- a link to your professional website (optional)

## MODIFYING YOUR CONTENT

Due to the high number of posters in this virtual event, and our limited staffing, we will not be able to accommodate requests to update data collection results. Please only request changes to your submission if you notice a particular error on our part, and please do so as far in advance as possible.

## ZOOM RECOMMENDATIONS FOR YOUR LIVE SESSION

All presenters will be able to select one of three Zoom poster presentation session times on this form, where you will be in your own individual Zoom room for visitors to discuss your poster with you. Each session is scheduled for forty minutes on March 1st. The options for the virtual sessions will be 9:30-10:10, 10:10-10:50, 10:50-11:30am. (These Zoom times were chosen so that it would be possible to participate in both the virtual live poster session in the morning, and then to participate in the live in person session at the Martin Conference Center that same day from 1:30-3:30pm.)

Individuals who do not already have a Zoom account can sign up for a free Zoom account at <https://zoom.us> in order to be able to host a forty-minute meeting. Participation in your live Zoom session is of course optional and you may opt out of this aspect of the event by indicating so in the form below.

Please be sure to test your Zoom link prior to submitting the form to make sure that it actually works. Make sure that you enable in your Zoom account settings "Embed passcode in invite link for one-click join." If you do not encrypt your password as part of your link, visitors will not be able to join your room, since your poster page will NOT have a separate place for people to view/enter a password. (Alternatively, you may use a waiting room instead of a password.)

Note: it is fine if you want to share a Zoom account with another presenter for the same live session. One of you could use a breakout room when someone visits your site, if the other presenter sharing your Zoom account already has a visitor. If you want to do this, there is no need to notify us. Simply submit the same Zoom meeting link in each presenter's poster application form. There will still be a "join live Zoom session" button on each of your personal presenter pages, but it will just link to the same Zoom meeting.

## AUDIO RECORDING INSTRUCTIONS (optional)

Our poster website will use the SoundCloud embeddable player. If you would like to have a 2-5 minute audio recording of your presentation on your personal presenter page, then you should do the following:

1. Record yourself speaking for 2-5 minutes about your project (on your smartphone with a voice recording app such as Voice Memo, Voice Recorder, etc., or on your computer with

PowerPoint, Sound Recorder, Audacity, GarageBand, QuickTime Player, etc.). Ideally your recording would generate a WAV, AIFF, FIAC, or MP3 file, but SoundCloud accepts many additional file types as well.

2. Create a free account at <https://soundcloud.com>

3. Upload your audio recording file to your SoundCloud Account by clicking the "Upload" button on the top navigation bar, then drag & drop your file, or click the file to upload

4. Make the privacy setting "Public"

5. Copy the URL for your audio track that appears in the Share section

6. Paste the URL into the appropriate text box in the form below

TRANSCRIPTION INSTRUCTIONS FOR YOUR AUDIO RECORDING (optional, but STRONGLY ENCOURAGED if submitting a link to your audio recording)

In order to conform to the spirit of Harvard's Accessibility Guidelines, we strongly encourage you to submit a transcript of your audio recording. Here is how you can make a transcript:

Recommended Method: use a professional transcription service endorsed by Harvard, either Rev or 3Play Media to transcribe your audio file. Rev charges \$1.25/minute, and the turnaround time for project of this size is within 12 hours, with 99% accuracy guaranteed. (3Play Media charges a bit more and takes a bit longer.)

Alternative Method: use a free AI tool (e.g., Youtube or IBM Watson) and then perform manual editing to produce a transcript of your audio recording.

---

#### Sample Abstract Format

### **The impact of patients' expectations on clinical response: Re-analysis of data from the Hypericum Depression Trial Study Group**

J. Chen J, G.I. Papakostas, S.J. Youn, L. Baer, A.J. Clain, M. Fava, D. Mischoulon  
Depression Clinical and Research Program, Dept. of Psychiatry, Massachusetts General Hospital, Harvard Medical School

**Background:** Patient belief about assigned double-blind treatment may influence outcome. We reanalyzed data from the Hypericum Depression Trial Study Group's placebo-controlled trial of St. John's wort (SJW) versus sertraline for major depressive disorder (MDD) to determine whether patients who believed they were receiving active therapy rather than placebo obtained greater improvement, independent of assigned treatment.

**Methods:** 340 adults with MDD and baseline HAM-D-17 scores of  $\geq 20$  were randomized to either SJW 900-1500 mg/d, sertraline 50-100 mg/d, or placebo for 8 weeks. At week 8, patients were asked to guess their assigned treatment. 243 subjects met intent-to-treat criteria. Univariate ANOVA was used to determine whether treatment assignment

moderated the effect of belief on clinical improvement. Logistic regression examined whether treatment assignment moderated the effect of belief on response ( $\geq 50\%$  decrease in HAM-D-17 score) and remission (final HAM-D-17 score  $< 8$ ).

**Results:** Significant differences in improvement were found for belief in SJW ( $p < 0.001$ ) or sertraline ( $p = 0.001$ ) versus placebo, with strongest improvement in the SJW-believing group. Response rates were significantly stronger for subjects guessing active treatments ( $p < 0.001$  for SJW and sertraline) versus placebo, and for subjects guessing SJW versus sertraline (Fisher's  $p = 0.049$ ). Association between belief and improvement remained significant when controlling for assigned treatment ( $p < 0.001$ ). A significant association with response was seen only for treatment guess ( $p = 0.003$ , 95% CI=0.588), but not for assigned treatment. No significant associations were found for remission rates.

**Conclusions:** Patient expectations regarding treatment may exert a greater influence on clinical outcome than the actual medication received.

\_\_\_\_\_ **Please respond to the questions below to submit all your information.**



First Name:

\_\_\_\_\_



Last Name

\_\_\_\_\_

---

Degree (check all that you want to appear on your virtual poster page next to your name):

- MD (1)
- MBBS (25)
- DO (23)
- PhD (2)
- PsyD (16)
- DrPH (26)
- MPH (4)
- LCSW (5)
- MSW (17)
- MEd (22)
- MA (6)
- MS (7)
- MPS (19)
- MPA (20)
- NP (24)
- RN (3)

BA (11)

BS (12)

BA Candidate (14)

BS Candidate (15)

HSD (21)

High School Student (18)

Other (13) \_\_\_\_\_



Please enter your email address:

---



Please confirm your email address:

---

What type of application is this?

- My one allowed first-authored presentation (1)
  - A presentation for which I am NOT listed as the first-author (2)
  - A revision of a previously submitted application (revisions are only accepted until the deadline); I acknowledge that my original submission will be deleted and only the latest version that is submitted prior to the deadline will be used. (3)
  - Other (4) \_\_\_\_\_
-

Are you a:

- Medical Student (8)
- Resident (MD only) (3)
- Fellow (MD or PhD already earned) (2)
- Clinical Psychology Intern (pre-PhD) (7)
- PhD Student (NOT in Clinical Psychology) (15)
- Visiting PhD Student (16)
- Faculty Member (1)
- Research Scientist (19)
- Research Associate (14)
- Sponsored Collaborator (13)
- Research Project Director (9)
- Program Manager (17)
- Lab Manager (10)
- Research Assistant (5)
- Clinical Research Intern (11)
- Medical Assistant (18)

High School Student (12)

Other (please specify) (4)

---

-----  
Page Break

---

*Display This Question:*

*If Are you a: = Resident (MD only)*

Are you in an HMS Psychiatry Residency Training Program?

Yes (1)

No (2)

---

*Display This Question:*

*If Are you in an HMS Psychiatry Residency Training Program? = Yes*

Name of Training Program:

Boston Children's Hospital Fellowship in Child and Adolescent Psychiatry (10)

BIDMC Harvard Psychiatry Residency Training Program (4)

BWH/HMS Psychiatry Residency Training Program (7)

Cambridge Health Alliance Adult Psychiatry Residency Training Program (2)

Cambridge Health Alliance Fellowship in Child and Adolescent Psychiatry (9)

Harvard South Shore Adult Psychiatry Residency Training Program (5)

MGH/McLean Adult Psychiatry Residency Training Program (6)

MGH/McLean Child and Adolescent Psychiatry Residency (8)

---

*Display This Question:*

*If Are you a: = Resident (MD only)*

Please indicate your program year status:

- PGYI (1)
- PGYII (2)
- PGYIII (3)
- PGYIV (4)
- PGYV (5)
- PGYVI (6)
- Not applicable (7)

---

Page Break

*Display This Question:*

*If Are you a: = Fellow (MD or PhD already earned)*

*Or Are you a: = Resident (MD only)*

**The selection of abstracts eligible for a Solomon or Myself Award is based on abstracts showing a completed set of data and its analysis. Abstracts describing projects planned or begun without available results can be presented at the poster session, but will not be considered for an award.**

---

*Display This Question:*

*If Are you a: = Fellow (MD or PhD already earned)*

*Or Are you a: = Resident (MD only)*

Please indicate whether you would like your abstract considered for the Myself/Solomon Award. (Please note, previous Myself/Solomon awardees are NOT eligible for the same award again. Also, abstracts that have no data are NOT eligible for an award; in such cases, please select "no" below so that abstracts without any data are not sent to judges for consideration for an award.)

Yes (1)

No (2)

---

*Display This Question:*

*If Please indicate whether you would like your abstract considered for the Myself/Solomon Award. (Pl... = Yes*

Please confirm that BOTH components of the following statement are true: "At least fifty percent of my time devoted to working on this project was spent while I have been participating in a Harvard-affiliated residency or fellowship training program (this affiliation need NOT be in the Department of Psychiatry)"

This statement is true (1)

Other, please explain (2)

---

Page Break

---



*Display This Question:*

*If Are you a: = Fellow (MD or PhD already earned)*

*And Please indicate whether you would like your abstract considered for the Mysell/Solomon Award.  
(Pl... = Yes*

Are you in an HMS affiliated fellowship?

Yes (1)

No (2)

*Display This Question:*

*If Are you a: != Resident (MD only)*

Affiliated Hospital/Institution:

Beth Israel Deaconess Medical Center (1)

Boston Children's Hospital (2)

Brigham and Women's Hospital (3)

Cambridge Health Alliance (4)

Massachusetts General Hospital (5)

McLean Hospital (6)

Boston Veteran's Administration Healthcare System (7)

Dana-Farber Cancer Institute (9)

Other (Please specify) (8)

---

*Display This Question:*

*If Are you a: = Fellow (MD or PhD already earned)*

*And Please indicate whether you would like your abstract considered for the Mysell/Solomon Award.  
(Pl... = Yes*

In what year of post-doctoral fellowship are you?

1 (1)

2 (2)

3 (3)

4 (4)

5 (5)

6 (6)

---

*Display This Question:*

*If Are you a: = Fellow (MD or PhD already earned)*

*And Please indicate whether you would like your abstract considered for the Mysell/Solomon Award.  
(Pl... = Yes*

*Or Are you a: = Resident (MD only)*

*And Please indicate whether you would like your abstract considered for the Mysell/Solomon Award.  
(Pl... = Yes*

Please indicate the role(s) you had in the project:

	1- None (1)	2- Small (2)	3- Moderate (3)	4- Major (4)
Conception and design (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Acquisition of data (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Statistical analysis of data (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Interpretation of the data (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Drafting of the abstract and poster (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

---

Page Break



### **Abstract Body**

Please upload your abstract as a DOCX file, using Microsoft Word.

The file should be labeled LastnameFirstnameAbstract, so if your name were Sarah Smith, the file would be saved as "SmithSarahAbstract.docx"

Abstracts are limited to 2,200 characters (including spaces, but excluding title and authors in the character count). Abstracts exceeding this length, or those that do not follow the mandatory format below will not be considered.

Mandatory Abstract Format:

### **Poster Title**

### **Authors, Institutional Affiliations**

**Background:** briefly describe the experimental question and context here

**Methods:** briefly describe how the study was conducted here

**Results:** describe the outcome, including statistical support where appropriate here

**Conclusions:** briefly summarize the results, place the study in the broader context of previous research, and describe the clinical relevance of the findings here

---

Please enter the title of your poster. **Do NOT use any quotation marks.** Only capitalize relevant words in the title.

---

In which of the following formats will you participate on Wednesday, March 1st, 2023? (No changes can be made after the submission deadline.)

- only the virtual poster website (the live Zoom morning poster session is optional) (1)
- only the in-person poster session from 1:30-3:30pm at the Martin Conference Center (2)
- both the virtual poster website (with optional morning Zoom poster session), AND the in-person poster session from 1:30-3:30pm at the Martin Conference Center (3)

---

*Display This Question:*

*If In which of the following formats will you participate on Wednesday, March 1st, 2023? (No changes... != only the in-person poster session from 1:30-3:30pm at the Martin Conference Center*

Please select the research categories that you would like to have associated with your poster on the virtual poster website. (If none of the options closely aligns with your project, you may enter a topic in the "Other" text box.)

- Abuse (4)
- ADHD (5)
- Adversity (6)
- Anxiety Disorders (7)
- Assessment (8)
- Attention (9)
- Auditory Hallucination (10)
- Autism Spectrum Disorder (11)
- Behavioral Medicine/CBT (12)
- Biological Psychiatry (13)
- Borderline Personality Disorder (14)
- Burnout (15)
- Cardiac Psychiatry (16)
- Care Access and Management (17)
- Children and Adolescents (18)

- Chronic Pain (19)
- Cognition (20)
- College Mental Health (21)
- Community Health (22)
- Computational Modeling (23)
- Consultation-Liaison Psychiatry (24)
- Contemplative Practices (25)
- Coping (26)
- Couples (27)
- COVID-19 (28)
- Decision Making (29)
- Dementia (30)
- Development (31)
- Diagnosis (32)
- Digestive and Excretory Systems (33)
- Dissociative Identity Disorder (34)

- Differential Diagnosis (35)
- Eating Disorders (36)
- Emotion (37)
- Everyday Functioning (38)
- Exercise (79)
- Experimental Methods (39)
- Family (40)
- Functional Connectivity (41)
- Genetics (42)
- Geriatrics (43)
- Global Mental Health (44)
- Grief (45)
- Health Behaviors and Disparities (46)
- Health Record (47)
- Healthcare Workers (48)
- Hematology (49)

- Hippocampus (50)
- Hormones (51)
- HPA-Axis (52)
- Incarceration (53)
- Inflammation (54)
- Inpatient Psychiatry (55)
- International Students (56)
- Intervention (57)
- Learning (58)
- Legal Issues and Forensics (59)
- Length of Stay (60)
- Medical Education (61)
- Memory (62)
- Mental Health Patient Assaults (63)
- Metabolic Syndrome (64)
- Military (65)

- Mood Disorders (66)
- Motivational Interviewing (67)
- Natural Disasters (68)
- Neuroimaging (69)
- Neuromodulation (70)
- Neuroscience and Psychiatry (71)
- Non-Suicidal Self Injury (72)
- Obesity and Weight Loss (73)
- Open Science (74)
- Palliative Care (75)
- Paranoia (76)
- Parenting (77)
- Pharmacology (78)
- Population Health (80)
- Positive Psychology (81)
- Primary Care (82)

- Psychopathology (83)
- Psychosocial Health (84)
- Psychosomatic Medicine (85)
- Psychotherapy (86)
- PTSD (87)
- Quality of Life (88)
- Race (89)
- Rare Psychiatric Disorders (90)
- Rehabilitation (91)
- Resilience (92)
- Rumination (93)
- Scale Development (94)
- Schizophrenia and Other Psychotic Disorders (95)
- Serious Mental Illness (96)
- Sex Differences (97)
- Sexual and Gender Issues (98)

- Simulation Techniques (99)
  - Sleep (100)
  - Stigma (101)
  - Stress (102)
  - Substance-Related and Addictive Disorders (103)
  - Suicide and Suicidality (104)
  - Technology (105)
  - Telehealth (106)
  - Trauma (107)
  - Treatment (108)
  - Veterans (109)
  - Wellbeing (110)
  - Women's Health (111)
  - Young Adults (112)
  - Virtual Experiences (113)
  - Other (114) \_\_\_\_\_
-

*Display This Question:*

*If In which of the following formats will you participate on Wednesday, March 1st, 2023? (No changes... != only the in-person poster session from 1:30-3:30pm at the Martin Conference Center*

If you would like a link to your research program's website to appear on your virtual poster page, please enter that link here.

*Display This Question:*

*If In which of the following formats will you participate on Wednesday, March 1st, 2023? (No changes... != only the in-person poster session from 1:30-3:30pm at the Martin Conference Center*



Please upload your poster as a PNG file. Be sure to label the file LASTNAME\_FIRSTNAME.png. The PNG file MUST BE 1920 x 1080 pixels. (It will not be used if the width is greater than 2500 pixels.) The file size is strongly encouraged to be less than 350 KB, and MUST be less than 40 MB. (Files larger than 350 KB will be compressed.)

*Display This Question:*

*If In which of the following formats will you participate on Wednesday, March 1st, 2023? (No changes... != only the in-person poster session from 1:30-3:30pm at the Martin Conference Center*

Please confirm that you labeled your poster png file according to the instructions above. (If not, please remove your upload, rename the file, and upload a correctly labeled document.)

- Yes, I correctly labeled my poster PNG file according to the LASTNAME\_FIRSTNAME format (1)

*Display This Question:*

*If In which of the following formats will you participate on Wednesday, March 1st, 2023? (No changes... != only the in-person poster session from 1:30-3:30pm at the Martin Conference Center*

Does your poster PNG file have the correct dimensions? (PNG files with widths 2500 pixels or greater will not be posted to the site.)

- Yes, the width is 1920 pixels, and the height is 1080 pixels. (1)

*Display This Question:*

*If In which of the following formats will you participate on Wednesday, March 1st, 2023? (No changes... != only the in-person poster session from 1:30-3:30pm at the Martin Conference Center*

The virtual poster website will list three live virtual poster presentation sessions, where each presenter can display a link to their own individual Zoom room for an advertised 40-minute period, the same as occurred for the virtual poster site in 2020 and 2021. During your indicated live virtual poster session time, visitors can stop by your individual Zoom room to discuss your poster research with you. If you would like to participate in this, please indicate your preferred Zoom session time on March 1st. (In addition to this virtual session, there will also be the in person poster session from 1:30-3:30pm that same day at the Martin Conference Center.)

- 9:30-10:10am (1)
- 10:10-10:50am (2)
- 10:50-11:30am (4)
- I do not want to participate in any of the live Zoom sessions, but I would like my poster and accompanying information to be posted on the poster website. (3)

*Display This Question:*

*If The virtual poster website will list three live virtual poster presentation sessions, where each... = 9:30-10:10am*

*Or The virtual poster website will list three live virtual poster presentation sessions, where each... = 10:10-10:50am*

*Or The virtual poster website will list three live virtual poster presentation sessions, where each... = 10:50-11:30am*

Please paste the link to your Zoom meeting for the time that you selected above on March 1st. (Before pasting the link below, be sure that you have first adjusted your Zoom account settings to "embed passcode in invite link for one-click join"). Then test the link to make sure that it works.) If you don't already have a Zoom account, you can obtain a free one at [zoom.us](https://zoom.us).

---

*Display This Question:*

*If The virtual poster website will list three live virtual poster presentation sessions, where each... = 9:30-10:10am*

*Or The virtual poster website will list three live virtual poster presentation sessions, where each... = 10:10-10:50am*

*Or The virtual poster website will list three live virtual poster presentation sessions, where each... = 10:50-11:30am*

Did you test the Zoom link to make sure that it works? If it does not work, you will NOT be notified or given an opportunity to adjust it.

Yes, I logged out of my Zoom account, and then tested my link to make sure it works with just one click. (1)

No, I did not test my link. I understand that if it doesn't work, I won't be able to participate in a live virtual poster session. (2)

---

*Display This Question:*

*If In which of the following formats will you participate on Wednesday, March 1st, 2023? (No changes... != only the in-person poster session from 1:30-3:30pm at the Martin Conference Center*

(Optional) Please paste the URL link to your 2-5 minute audio recording file that you uploaded to your free SoundCloud account (Note: be sure that you have first adjusted your SoundCloud account's privacy settings to "Public")

---

*Display This Question:*

*If In which of the following formats will you participate on Wednesday, March 1st, 2023? (No changes... != only the in-person poster session from 1:30-3:30pm at the Martin Conference Center*

(Strongly Encouraged) Please upload a TRANSCRIPTION of your audio recording (supported file types: DOCX, TXT). This helps to make our virtual poster site accessible to all.

**End of Block: Default Question Block**

---

**Start of Block: Block 1**

---