



Donald J. Cohen Klingenstein 3rd Generation Foundation Medical Student Fellowship Program in Child & Adolescent Psychiatry

What the Fellowship is: The Fellowship is a flexible program that enables Harvard Medical Students to explore the field of Child and Adolescent Psychiatry. It is open to any Harvard Medical Student at any stage of training, including those who are taking the time to conduct research, and is designed to accommodate students' interests, goals, and schedules.

What the Fellowship is not: The Fellowship is not a formal curriculum with a project requirement although presenting a poster or talk at the annual national Klingenstein Conference, if able to attend, is encouraged. The primary requirement is having an interest (big or small) in exploring the field of Child and Adolescent Psychiatry and a commitment to participating in one of a range of mentored activities/educational opportunities.

Who would benefit from the Fellowship?

- Those who are not sure what they would like to do after medical school, but would like a flexible way of exploring fascinating areas of clinical work and/or research at the interface of psychiatry, neurology and pediatrics
- Those who may be interested in a scholarly project related to child and adolescent psychiatry, human development or the developing brain
- Those who would like to increase their comfort working with child and adolescent patients
- Those who are potentially interested in child and adolescent psychiatry or working with young adults and would like to explore this career option further at Boston Children's Hospital, MGH, McLean Hospital, and/or Cambridge Health Alliance

What the Fellowship has to offer (nothing is mandatory):

- A mentor matched based on clinical and/or academic interest
- An opportunity to meet child and adolescent psychiatrists involved in different areas of clinical work and/or academic work (e.g., global mental health, psychiatric consultation liaison to the medical/surgical floors, emergency psychiatry, outpatient psychiatry, community psychiatry, etc.)
- A chance to meet and potentially shadow child and adolescent psychiatry faculty and fellows in training
- A fun and informal way to meet and socialize with other medical students interested in child and adolescent psychiatry and general psychiatry at HMS
- Invited to attend the annual national Klingenstein Conference where medical students interested in Child and Adolescent Psychiatry from over a dozen medical schools come together (funding is provided up to a certain number of students)
- Opportunity to learn more about the different residency and fellowship programs in psychiatry at Harvard
- Talks related to child and adolescent psychiatry

Duration of Fellowship:

One year is the usual length though all prospective candidates will talk with the Fellowship Director to develop an individualized experience based on interests and schedule.

For further information: <https://psych.hms.harvard.edu/medical-student-education#klingenstein>

How to apply: In order to access the application, please email Heather Adams, Assistant to Director of Medical Student Education in Psychiatry [heather_adams@hms.harvard.edu].

Klingenstein Offerings Elaborated

Klingenstein Fellows can be informal or formally paired with residents, fellows and faculty in both General Psychiatry and Child and Adolescent Psychiatry (with emphasis on the latter) from the following institutions based on request:

- Boston Children's Hospital
- Massachusetts General Hospital
- McLean Hospital
- Beth Israel Deaconess Hospital
- Brigham and Women's Hospital
- Dana Farber Cancer Institute
- Cambridge Health Alliance

Klingenstein Fellows may have the opportunity to shadow in the following clinical settings:

- Inpatient child and adolescent psychiatry unit
- Residential child and adolescent psychiatry unit
- Pediatric psychiatry consultation service
- Outpatient child and adolescent psychiatry clinic, including assessments, pharmacotherapy, and potentially psychotherapy using two way mirror (e.g., Parent Child Interactive Therapy)
- Outpatient child and adolescent psychiatry specialty clinics (e.g., Early Psychosis, OCD Clinic, Community Psychiatry, Co-located Psychiatrist in Medical Clinic)
- Resident and Fellows' call experience, which could include inpatient and emergency room

Klingenstein Fellows are invited to attend regular talks, panels and dinners, at Harvard Medical School, including but not limited to the following:

- Annual Klingenstein Kick-off Dinner with the Psychiatry Student Interest Group, where medical students meet residents, fellows, and faculty interested or involved in Child and Adolescent Psychiatry
- Career panels for Psychiatry
- Career panels specifically for Child and Adolescent Psychiatry
- Career panels for different opportunities to work with children and adolescents
- Evening with an expert faculty in Child and Adolescent Psychiatry
- Evening child psychiatry cinema events with CAP Fellows and Attendings
- Lunch talks with psychiatrists, including Child and Adolescent Psychiatrists, in collaboration with the Psychiatry Student Interest Group

Klingenstein Fellows are invited to attend other scholarly activities held at Harvard Medical School or HMS Affiliated Hospitals including but not limited to the following:

- Harvard Medical School Annual Psychiatry Research Day, Poster Session, and Mysell Lecture
- McLean Annual Research Day
- Department of Psychiatry Grand Rounds
- Department or Division of Child and Adolescent Psychiatry Grand Rounds

Klingenstein Annual Conference: Students are invited to attend the day-and-a-half conference that takes place at a different medical school each year, normally at the end of January. There are over a dozen medical schools involved in the Klingenstein Fellowship. Travel and lodging is provided for a limited number of students from each medical school.